

Wrestling

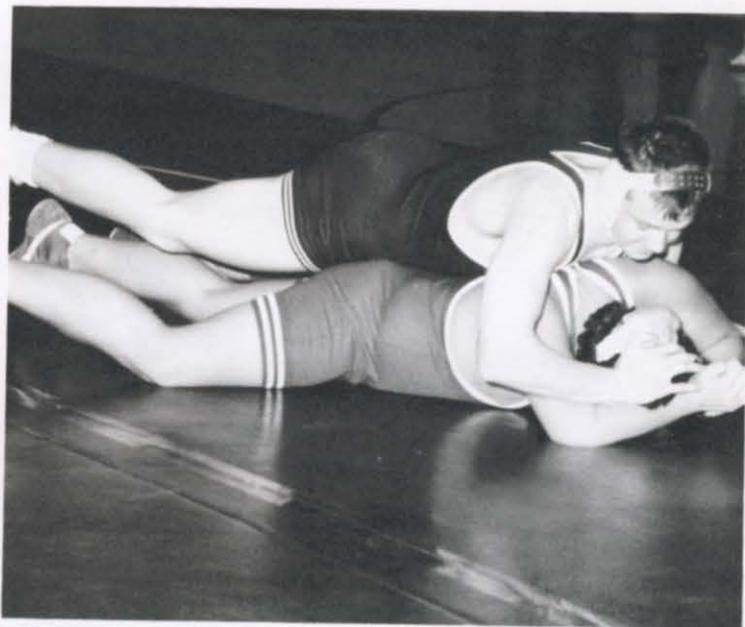
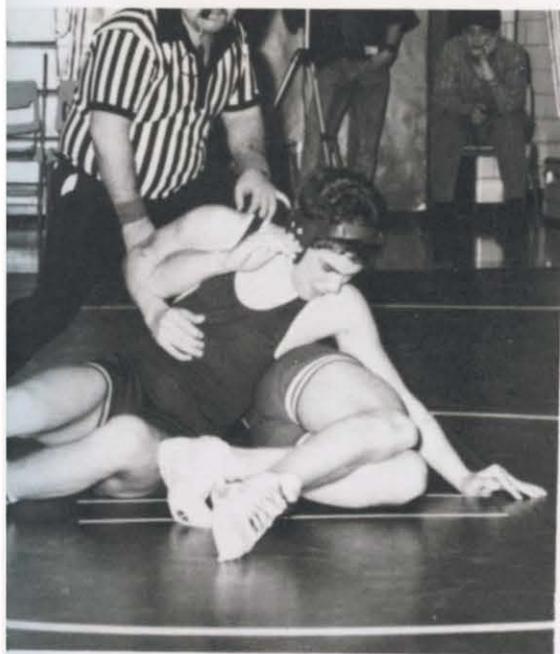
With all the work that the wrestlers put in during the season, it was a wonder that they didn't collapse. Their practices gave them a work-out that they could get in no other sport.

The wrestlers were found in the cafeteria after school doing an infinite number of sit-ups, jumping jacks, and push-ups. Then they began learning the moves that would be used in competition.

Before competitions, the wrestlers had to check in and 'make weight'-weigh the exact

weight of their wrestling class. There were various methods of making weight including wearing tons of sweats, running, and skipping meals. It took a dedicated person to wrestle, as there was so much self-control and physical conditioning involved. Said Senior Wayne Stermer, 'You work for two and a half hours to get in shape for an eight second competition.'

The wrestlers were proud of their achievements but expressed regret that the squad had decreased in number. It was feared by some team members that without the addition of some new blood, the sport would fade away.



Caleb Purves shows a visiting matman that he's no one to mess with. Caleb proved to have quite a wrestling talent.

Once again, Carl Guild comes out on top. When on the mats with him, opponents found out just how strong he was.